



Ear, Nose, & Throat Surgery Center

Dr. Ashley Sikand, M.D.

COCHLEAR IMPLANT POST-OPERATIVE INSTRUCTIONS

- Activity:** Normal, no heavy lifting
- Automobile driving may be resumed several days after leaving the hospital if dizziness is not present.
- Diet:** Regular. You may eat or drink as normal. Refrain from the use of alcohol because of the medications received, and as it tends to impede the healing response. You may wish to eat softer foods at first if the jaw area tends to be sore.
- Prescriptions:** Begin your prescriptions when you return home, and complete. Pain medication is available and to be taken as needed. (If taking Tylenol With Codeine, be sure to increase fluids for codeine can have constipating affect).
- Hair Care:** You may give yourself a wet shampoo three days after surgery. Do not go into the canal with any Q-tips. The doctor will clean and examine the ear canal on your post-operative visit. After shampooing make sure to blot the incision area dry so there is no added moisture under the adhesive tapes.

Additional Instructions:

- Do not blow your nose.
- Remove the head dressing 24 hours after your surgery.
- If incision is present behind the ear, remove bandage on the first post-operative day. Leave the small incision tapes in place until they fall off or the doctor removes them on your post-operative visit. The stitches will absorb so you will not have to have stitches removed. Use Neosporin.
- Should drainage start to increase rather than decrease, become red, or have a foul smell, this should be reported to the office.
- Do not be concerned regarding your hearing for 3-4 weeks post-operatively.
- Any Questions or concerns please contact the office at (702) 792-6700.

Northwest Office
7040 Smoke Ranch Road
Las Vegas, NV 89128

Green Valley Office (Mailing address)
3195 St Rose Parkway
Suite 210
Henderson, NV 89052

Southwest Office
8840 W Sunset Road
Suite A
Las Vegas, NV 89148