



## Ear, Nose & Throat Surgery Center

8840 W. Sunset Rd, Suite B  
Las Vegas, NV 89148  
702-209-3377

We are pleased that you are going to have your surgery at Ear, Nose and Throat Surgery Center. We want you to have a safe and pleasant experience and be informed of the following.

### **WHAT YOU NEED TO BRING:**

- **CO-PAY**, if any, will be collected upfront the day of surgery. Full payment is DUE the day of surgery. You will receive a text or an email regarding your quote at least one week before your surgery.
- **PICTURE ID, INSURANCE CARD, LIST OF MEDICATIONS YOU TAKE, ANY RECORDS** (if you have copies of any labs, xrays, medical/cardiac clearance, CT scan disc if ordered by your surgeon).

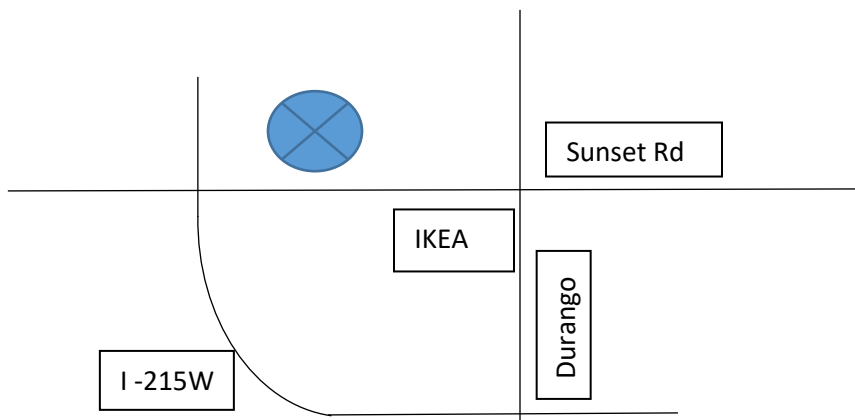
### **WHAT YOU NEED TO DO:**

- **PRE-REGISTER.** You will receive a text or an email 2-3 weeks before surgery to login to the Patient Portal. Completing this process ahead of time will facilitate the admitting process.
- **FOOD AND WATER RESTRICTION:** Do NOT eat or drink after midnight unless otherwise instructed by your anesthesiologist. Also, NO smoking, gum, mints, candy, or ice cubes.
- **MEDICATIONS:** You may take your blood pressure medications and/or seizure medications in the morning, with a small sip of water. **\*\*IMPORTANT, *surgery may be cancelled if not followed*: 14 Days before and 14 days after you must STOP taking medications that can thin your blood and delay gastric emptying: Aspirin, Aspirin-like products/NSAIDS, herbals, anti-inflammatories, vitamin E, Fish oil, Omega 3, over the counter and prescribed weight loss or weight gain medications or injections/herbals, Excedrin, Bayer, St. John's Wort, Advil, Motrin, Ibuprofen, Nuprin, Aleve, Naprosyn, Naproxen, Niacin, Niaspan, Ginseng, Ginkgo Biloba, Metabolife, Meridia, Feverfew, Garlic Pill Supplement, Ephedra, Licorice, Valerian, Goldenseal, Celebrex, Turmeric and Alka Seltzer. Please ask if you are not sure if your prescriptions, vitamins, herbals, or over-the-counter medications fall under these categories. If you take Clopidogrel, Coumadin, Plavix or any other blood thinner, please consult with your prescribing physician. TYLENOL is O.K.**
- **JEWELRY/PIERCINGS:** All jewelry and piercings should be removed prior to arriving at the surgery center. Metal may cause injury during procedures.
- **CLOTHING:** CHILDREN may wear their pajamas; we will change them into a surgical gown for the procedure. They may bring comfort items such as a blanket, a toy, or a tablet. ADULT: We recommend something that buttons or zips. Wear no face makeup, body lotions, nail polish, or cologne/perfume. Shower or bathe before going to the hospital/surgery center. Do not bring any valuables.

- **ARRANGEMENTS:** You need a responsible adult that you know to take you home and look after you for the first 24 hours. You will NOT be allowed to drive after surgery. If you are utilizing the bus, taxi, Uber, Lyft or any other ride share service, you need to be accompanied by another adult. Pediatric patients may have both parents, no siblings. (for MINORS only) A parent or guardian must remain in the facility while the child is at the surgery center. Adult patients may have one person in preop/recovery area.

**WHAT TO EXPECT:**

- The surgery scheduler from your surgeon's office will call you the day before your surgery with the time to arrive at the surgery center and your approximate surgery time.
- The nursing staff will call you the day prior to your surgery to go over medical history and clarify any questions you may have. (If your procedure falls on a Tuesday, pre-op phone call will be done Friday afternoon the week prior).
- The anesthesiologist may call you the night before to go over your medical history; if you did not get a call, the provider will speak to you prior to your procedure.
- Female patients may be asked to provide urine sample for pre-op testing on the day of surgery. Please DO NOT use the restroom without notifying the front desk staff and pre-op nurse.
- The following will be billed separately to you or your insurance company: the Anesthesiologist, the Surgeon, the Surgery Center and the Pathologist (who examines any specimens taken during surgery).



**Directions: I-215 West, Exit Durango, Turn Right, Turn Left at Sunset (first light):  
Ear, Nose and Throat Surgery Center, 8840 W. Sunset Rd, Suite B is on the Right, across from  
IKEA.**